

LCN Connections Special Edition – August 2013
In Memory of Carol de la Herran

CAROL THE HEALER

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Complications from a bilateral thyroidectomy in November of 2012 caused paralysis of my right vocal cord. I could no longer speak beyond a whisper. I had difficulty swallowing, often choking when drinking liquids. I was forced to use a mechanical device for voice amplification.

During the LCN Retreat in February of this year, even with my awkward, bulky amplification system, I still had to ask others take over several segments I was supposed to lead. One evening during the retreat, Carol sat at my table during dinner. I told her about my condition and she immediately volunteered her help. She announced to the retreat members that there would be a healing session for me, for those who wished to join us.

Carol, with the help of Fred Rible, worked on me while others held space for the healing. Within 24 hours, my voice had returned approximately 80%! Over the next couple of weeks, my voice returned to its natural state. The gratitude I have for Carol and what she did for me that day is beyond measure. From the very depths of my heart, I will always be thankful to Carol for giving me my life back. She will live on in my heart forever.